

A Vegetable-Growing Guide for Beginners

CROP ROTATION

Plot	Season	Year 1	Year 2	Year 3	Year 4
1	Summer	Potatoes, Tomatoes	Peas and Beans	Cabbages	Carrots, Parsnips, Celery, Beetroot, Spinach and Swiss Chard and Lettuces
	Winter	Onions, Garlic, Leeks	Green Manure	Cabbages with Lettuces	Green manure
2	Summer	Carrots, Parsnips, Celery, Beetroot, Spinach and Swiss Chard and Lettuces in between	Potatoes, Tomatoes	Peas and Beans	Cabbages
	Winter	Green manure	Onions, Garlic, Leeks	Green Manure	Cabbages with Lettuces
3	Summer	Cabbages	Carrots, Parsnips, Celery, Beetroot, Spinach and Swiss Chard and Lettuces	Potatoes, Tomatoes	Peas and Beans
	Winter	Cabbages with Lettuces	Green manure	Onions, Garlic, Leeks	Green Manure
4	Summer	Peas and Beans	Cabbages	Carrots, Parsnips, Celery, Beetroot, Spinach and Swiss Chard and Lettuces	Potatoes, Tomatoes
	Winter	Green Manure	Cabbages with Lettuces	Green manure	Onions, Garlic, Leeks