

A Vegetable-Growing Guide for Beginners

PLANT FAMILY				
<i>The Potato and Cucumber Family</i>	<i>The Carrot and Beat Family</i>	<i>The Onion and Pea & Bean Family</i>	<i>The Cabbage Family</i>	<i>The Lettuce Family</i>
Potato	Carrot	Garlic	Brussels Sprouts	Lettuce
Tomato	Celeriac	Onion	Cabbage	Chicory
Cucumber	Celery	Leek	Chinese Cabbage	Endive
Courgette	Fennel	Shallot	Cress	Salsify
Marrow	Parsley	French Bean	Kale	Scorzonera
Butternut Squash	Parsnip	Asparagus Pea	Kohl Rabi	
Pumpkin	Turnip	Broad Bean	Pak Choi	
Melon	Beetroot	Pea	Radish	
	Swiss Chard	Runner Bean	Rocket	
	Perpetual Spinach		Seakale	
	Spinach		Swede	
	Seakale		Turnip	

Note: Crops like sweet corn do not belong to any of these families but are commonly grown on allotments.