

Onion

Ready-to-eat onion



Onion plants (intercropped with carrots to avoid carrot fly)



Onion sets



Onion



Introduction

Very easy to grow, has wide-ranging culinary use and needs little care. Growing onions from sets is easier than growing from seeds.

Plant family	Onion, pea and bean	
Easy to grow?	Yes	
Sowing time	September-November (over-wintering varieties) March (spring variety)	
Harvest	Mid to late summer	
Sowing instructions: Press the soil firmly; push the set through the soil leaving the tip above soil.		
Depth ↓ 2cm	Distance between plants ↔ 10cm	Distance between rows ↔ 25-30cm
Disease and pests		
Special care		
Cooking instructions	Eat raw or fry or mix with other vegetables.	
Storing instructions	Dry thoroughly in a hot, under-cover place after harvest, and put them in net bags or on trays and store in a cool, dry place.	
Popular varieties	Autumn sowing – Radar Spring sowing – Red Baron, Stuttgart Giant, Sturon	

Useful tips:

1. *Over-wintering Onion (September-November sowing) is ready to harvest in June and you can use the same space to grow summer crops.*
2. *The size of onion depends on the distance between the plants. If you prefer large-size onions, allow more than 10 cm between plants.*
3. *Grow carrots between the rows of onions (spring variety) to reduce carrot-fly attack.*